

# About Health Care Center

## 1. Consultation

- Doctor consultation is available for students, faculty and staff.
- Health Care Center (HCC) is closed for lunch break from 13:30 to 14:30.  
(Conditions decided by labor standard laws)
- Please consult with HCC if you feel sick or have medical issues. There are basic medical devices for diagnosis and medication may be prescribed when necessary. Specialized doctors and medical facilities are introduced when necessary.
- Consultation at HCC is free. However, you are responsible for payment when seeing doctors at introduced facilities.

## 2. Open hours

Mon to Fri, 9:30–16:30.

## 3. Health consultations

If you have any mental concerns, the doctor, nurse or staff member will talk the you. Your privacy will be respected, so please come to HCC without any worries.

## 4. Medical health check-ups

We conduct general health checkups and special checkups for RI, X-ray, genetically modified DNA, organic solvent and specified chemical substance users. (Announced by email.) If you have a health checkup at a hospital, etc., please submit the results to HCC.

## 5. Issuing of health certificates

Health certificates are issued for job applications and academic enrollment. You are required to have taken all of the health checkup tests to receive a health certificate.

### 【Automated certificate machine at the library lobby entrance】

For those students with no health issues in the final check-up results, health certificates can be issued by the automated certificate machine next to the Student Affairs Division. (Available from Mon. to Fri. (excluding national holidays), 7:30 – 19:00)

### 【HCC】

If you need a health certificate in a specific format or in case you have health issues and above machine cannot be used, please come to HCC.

## 6. Self-checks

An automated height and weight scale, blood pressure machines and digital eyesight test machine are available in HCC. Please use them to monitor your health. The equipment is free to use, but please use them carefully.

## **7. Chat room/counselling room**

Please feel free to use the chat room to relax and communicate. The counselling room is mainly used for counselling.

## **8. Refresh room**

Please use the refresh room if you need to take a rest. (2 rooms are available)

## **9. Confidentiality**

Your medical records are kept confidential and your privacy is respected, so please make use of HCC to maintain your health.

## **10. Contacts**

HCC Head

Health Care Center Reception : (0743)72-5108 (ext. 5108)

## **11. Off-campus medical facilities**

Please ask for information about outside Medical facilities around here if you need.

Please check the Ikoma city homepage below for weekends, holiday and emergency medical care. Please call the hospital before you go.

[休日夜間応急診療 | 生駒市公式ホームページ \(ikoma.lg.jp\)](http://ikoma.lg.jp)